ONANOLE ELEMENTARY SCHOOL

K: Karrie Gerow Ext:473

1/2: Cathy Sansom Ext: 472

3/4: Jennifer Workman Ext: 474

5/6: Scott Stephenson Ext: 478

7/8: Tracy Tyschinski/Pam Ryznar Ext: 477

Principal: Pam Ryznar Ext: 471

Secretary/Librarian: Tanya Robinson

Ext: 470/475

Educational Assistant:

Valerie Shell born Brenda Wood Glenda Rac

Resource Teacher:

Tracy Tyschinski

Guidance Counsellor:

Lisele Lindsay



United Nations Educational, Scientific and Cultural Organization

Organisation des Nations Unies pour l'éducation, la science et la culture



133 Centennial Drive Box 8, Onanle, MB R0J 1N0 Phone: (204) 848-2402 Fax (204) 848-2182

Pamela Ryznar, Principal







STUDENT ABSENCES

JUST A REMINDER TO PARENTS TO PLEASE CONTACT THE SCHOOL BY PHONE, <u>NOT BY EMAIL</u>, TO REPORT YOUR CHILD ABSENT.

204-848-2402 PRESS I TO LEAVE MESSAGE OF ABSENCE.

Regarding a Change of Plans

If your child has a change in plans from their normal afterschool regime, please make sure to write it down in the planner.

If, for some reason note in planner did not happen, we ask that you call the school and leave a message instead of sending an email. Sometimes staff are away and their emails are not looked at. This way it's a guarantee that we will get the message. Phone messages are always checked at 9am and 3pm.

Notes in planners are good practice.

Upcoming Events

Monday, April 22nd: Earth Day/ Jr. High Badminton Tournament

<u>Tuesday, April 23rd:</u> Canada Book Day~Dress Up as Your Favorite book character or book.

Thursday, April 25th: Elders Dance Practice @ 1:30pm

Friday, April 26th: First Swim Lesson/Outdoor Ed Day

<u>Tuesday, April 30th:</u> Spring Concert @6:30 at Onanole Rec Centre

Swim Lessons/Outdoor Ed dates for May: 3, 10,17, & 31st.

Next Newsletter Day: May 6th

Mindfulness Corner

By Mrs. Lindsay

Pax Good Behavior Game and Mindfulness Practice a Good Mix

Throughout our school you will notice posters indicating our Pax Vision for behavior in our classrooms, in the way, in the gym, on the bus and on the playground. The visions created by the students and teachers together set a basis of proactive rather than reactive mindsets. Much like practicing mindfulness and being fully in the present moment, our students learn to manage their emotions, make good choices and balance their day by learning to be mindful of their own behaviors and how they effect others.

This week, I will be working with the grade 5/6 group on mindful movement activities to encourage them to breathe, notice subtle movements in the body, space awareness and building trust. Learning self-regulation from a physical sense helps build the skills to effectively monitor behaviors, emotions and states of excitement, precisely the PAX Good Behavior Game's mission.

KINDERGARTEN

Hello everyone! I hope everyone had a nice Easter break and enjoyed the nice weather. Last week we did some Easter activities and got to paint eggs. On Monday we are celebrating Earth Day. We will be getting into our community groups to do some fun Earth Day activities including cleaning up the school yard.

This week we will be continuing with our letter of the week and this week it is the letter B. Have a great week everyone!

Miss Gerow





Earth Day Today!!

The Kindergarten class will be listening to books about how seeds grow and what they need to grow. They planted

three different types of herbs last week Basil, Dill, and Thyme. They will be watching the plants progress over the next few weeks.

Last week the Grade 1/2 class listened to a couple of cute Easter stories and made an Easter Card craft.

Canada Book Day Tuesday, April 23rd: Students and staff are asked to dress up as their favorite book character or book. We will also be taking part in a 40 minute DEAR in the gym with flashlights.

Library Days

Day 1 Grade 3/4

Day 2 Kindergarten

Day 5 Grade 5/6

Day 6 Grade 1/2



Grade 1/2

Happy Earth Day! The students will be busy this afternoon participating in some Earth Day activities with their community groups. Thanks to the 7/8's for planning these events. Our first swimming lesson is this Friday, April 26th. Students are reminded to bring a bag lunch/snacks (no warm ups as we will be eating on the bus). For swimming make sure you pack your bathing suit, towel, etc. and don't forget a bag to put the wet things into after lessons. We will be wrapping up our Social Studies unit on Nunavut this week. Thank you to Noah for sharing information with us about his visit to France. We will begin a Science unit next week on the Growth and Changes in Animals. In Literacy we have been reading many poetry books and the students have started writing some of their own poems. They have been working on writing a Haiku which has three lines with a 5-7-5 syllable count. The students have been eagerly learning many Disney Songs as they prepare for the Spring Concert on April 30th. The concert begins at 6:30 and will be at the Onanole Rec Centre.

Happy Birthday to Lexi who turns 7 on April 25th!

Have a sunny week!

Mrs. Sansom

On Wednesday, April 10th, the students and staff showed their support in participating in the Inter-



national Day of Pink. This day brings awareness to stop bullying. If you want to learn more go to https://

www.youtube.com/watch?v=gjmf3I1 ZhU&feature=youtu.be

Grade 3/4 Grade 5/6

Well this week we are saying both hello and goodbye. We are welcoming a new grade 4 to our class today. His name is Alexander Shewchuck and he comes to us from Winnipeg. We are bidding a fond farewell to Lara Breytenbach who will be going to school in Kamloops. We will miss her very much.

Please Remember to help students regularly with the +/- facts and their multiplication and division! We will continue to work on these and set goals for improvement.

Swim lessons start this Friday. Non bus students please be at school by 8:30 am. We will be back after 1:00pm. Remember bag lunch that is easy to eat on the bus.

I am away on April 29th, May 3rd, May 6th and May 7th. Mrs. Whaley will be in for me on all of those days.

Tomorrow students are invited to dress as their favourite book or movie character.

Have a great week. Jennifer Workman





Plastic bottle caps in all shapes, sizes and colors for a recycled art project that the whole school will be taking part in. Please continue to send them into the school.

I hope everyone had a great long weekend and was able to get outside to enjoy the warm weather. With the schoolyard drying up we should be able to start track & field practices, and phys. ed. classes outside.

We would like to welcome Larissa to our class. It is always exciting to get a new person in the room.

Here is what we are up to in class:

ELA – Literacy Choices & Poetry Lessons with Miss Plett

Math – Volume and Surface Area

Science – Simple Machines

Social Studies – New Unit – The Newcomers

Phys. Ed. – Doubles Badminton & Low Organized Games

Health – Sharing & Discussing Feelings

REMINDERS:

Swim Lesson Permission Slip and Money due Tuesday

TUSC – Tuesday

Swim Lesson – Friday

Have a great week. S. Stephenson

Onanole Parent Group News

Thank you to those who have already signed up to volunteer at the 5th annual Fish Fry on Sunday May 19th. We still need volunteers to help in the dish pit, serve food, take tickets at the door, set up tables, take down tables and food prep. These roles require no more then 3 hours, some even less and it's an enjoyable and great way to engage with the community! Please email Breanna

at breahall@gmail.com or call/text at 204.848.0110. Thank you!! Profits this year will be distributed to the teachers to buy any needed resources for their classrooms

Grade 7/8 News...

Hope everyone enjoyed their long weekend, hard to believe we're into the end of April.

Around the Classroom

<u>7s Math:</u> finishing area of a parallelogram, quiz by end of the week before moving onto decimals.

8s Math: taking what they know about nets and 3D objects and looking at surface area of a rectangular and triangular prism **Health**: beginning to work on a STI project with partners

<u>French:</u> looking at summer wardrobe clothing and attaching previous learned vocabulary to written and spoken pieces.

Well here we are in the final two weeks of my time

Enjoy the warm weather! Mrs. Tyschinski

here! I am incredibly grateful for the weeks I have been able to spend as a part of this community and have loved every minute of teaching these students. Here is what will be happening in my classes before I leave: Science: We have done a lot of work with cells this last month so after we wrap up learning about specialized cells in multicellular organisms we will be having a quiz on most of what we have covered. I will be providing an in class review as well as a study guide, the test is projected to take place on Thursday, May 2. Social: We will be finishing our timeline of important events and people in Greek history this week and then will be heading into legends and mythology! This portion of the unit will involve students working in pairs to study a specific myth or legend, and will share the story they've chosen with the rest of the class. Thanks again for the opportunity to work with your children. It has been an amazing two months and I will miss it here!

I hope that you all enjoyed your long weekend. Here is what we are up to this week.

Happy Earth Day! The students will be taking part in some Earth Day activities this afternoon.

The badminton team is off to their tournament today with the boys competing in Minnedosa and the girls in Forrest / Elton. Mrs. Sansom and myself will be out with students.

Our first swim lesson and Outdoor Ed class will be happening this Friday – Please bring in fees for those activities by the due date.

ELA- We are continuing to look at poetry as a genre this week experimenting to write different types of poems and looking for meaning and poetic devices in poetry. We will also be finishing up our read aloud book this week and students will be responsible for completion of the One Pager assignment once we have finished.

PE- we will be finishing up with badminton this week and starting to look at track and field events as well as some low organized games.

Please check out the upcoming dates on the front page of the newsletter.

Have a terrific week!

Mrs. Ryznar

